

ALARACT 251/2014

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SUBJ/ALARACT 251/2014 - HQDA EXORD 041-15 COMPREHENSIVE SOLDIER AND FAMILY FITNESS (CSF2) MASTER RESILIENCE TRAINER COURSES (FY15)//

THIS EXORD MESSAGE HAS BEEN SENT BY THE UNITED STATES ARMY INFORMATION TECHNOLOGY AGENCY (USAITA) ON BEHALF OF DA WASHINGTON//DCS G-1//DAPE-ARD//

SUBJECT: HQDA EXORD 041-15 COMPREHENSIVE SOLDIER AND FAMILY FITNESS (CSF2) MASTER RESILIENCE TRAINER COURSES (FY15)//

(U) REFERENCES.

REF//A/ ARMY REGULATION 350-53 COMPREHENSIVE SOLDIER AND FAMILY FITNESS PROGRAM/DTD: 19 JUNE 2014//

1. (U) SITUATION. COMPREHENSIVE SOLDIER AND FAMILY FITNESS (CSF2) WILL CONDUCT MASTER RESILIENCE TRAINER (MRT) COURSES FROM 24 JAN 2015 - 07 FEB 2015, 28 FEB 2015 - 14 MAR 2015, AND 14-28 MAR 2015. THE COMPREHENSIVE SOLDIER AND FAMILY FITNESS DIRECTORATE REQUESTED ARMY SUPPORT FOR THE JAN, FEB AND MAR 2015 MRT TRAINING COURSES IN ORDER TO MEET THE SECARMY'S AND CSA'S INTENT TO FIELD THE ARMY WITH SKILLED AND QUALIFIED TRAINERS TO TEACH, COACH, AND MENTOR RESILIENCE.

2. (U) MISSION. COMMANDERS, TRADOC, FORSCOM (USARC), MEDCOM, AND NETCOM PROVIDE PERSONNEL TO SUPPORT THE COMPREHENSIVE SOLDIER AND FAMILY FITNESS DIRECTORATE MASTER RESILIENCE TRAINER COURSES CONDUCTED ON 24 JAN 2015 - 07 FEB 2015, 28 FEB 2015 - 14 MAR 2015, AND 14-28 MAR 2015, AT FORT GORDON, GA, FORT POLK, LA, FORT DRUM, NY, WEST POINT, NY AND FORT EUSTIS, VA.

3. (U) EXECUTION.

3.A. INTENT. TO ENSURE MRT COURSES ARE SUPPORTED FOR THE REMAINDER OF 2QFY15 AND TO ASSIST COMMANDS IN IDENTIFYING QUALIFIED PERSONNEL.

3.A.1. ENDSTATE. ARMY CONTINUES TO SUPPORT THE CSF2 INITIATIVE TO ACCOMPLISH ITS TRAINING OBJECTIVES.

3.A.2. KEY TASK. PROVIDE THE ARMY WITH THE REQUIRED NUMBER OF MRT QUALIFIED LEADERS.

3.B. CONCEPT OF THE OPERATION.

3.B.1. THIS ORDER DIRECTS COMMANDS TO SUPPORT THE DEVELOPMENT AND EMPLOYMENT OF MASTER RESILIENCE TRAINERS. THE FOCUS FOR 2QFY15 COURSES IS ON BUILDING THE GENERATING FORCE'S CAPACITY TO IMPLEMENT THE PROGRAM. COMPLETION OF THESE TASKS SUPPORTS THE CSF2 INITIATIVE IN ACCOMPLISHING ITS OBJECTIVES.

3.B.2. ALL SUPPORTING COMMANDS MUST PROVIDE NAMES TO CSF2 POC NLT 45 DAYS PRIOR TO THE START DATE OF TASKED COURSE.

3.C. TASKS TO SUBORDINATE UNITS.

3.C.1. COMMANDER, TRAINING AND DOCTRINE COMMAND (TRADOC).

3.C.1.A. PROVIDE ONE (1) X SOLDIER TO SERVE AS A MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT POLK, LA FROM 24 JAN 2015 - 07 FEB 2015. SELECTED INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND

3.C.1.B. PROVIDE THREE (3) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT WEST POINT, NY FROM 28 FEB 2015 - 14 MAR 2015. SELECTED INDIVIDUALS SHOULD ARRIVE NLT 2000HRS ON 28 FEB 2015, AND DEPART ON 14 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.1.C. PROVIDE ONE (1) X SOLDIER TO SERVE AS MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT EUSTIS, VA FROM 14-28 MAR 2015. SELECTED INDIVIDUAL SHOULD

ARRIVE NLT 2000HRS ON 14 MAR 2015, AND DEPART ON 28 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.2. COMMANDER, U.S. ARMY FORCES COMMAND (FORSCOM). ENSURE COMMANDER, UNITED STATES ARMY RESERVE COMMAND (USARC):

3.C.2.A. PROVIDE ONE (1) X USAR SOLDIER TO SERVE AS AN MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT GORDON, GA FROM 24 JAN 2015 - 07 FEB 2015.

SELECTED INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.2.B. PROVIDE ONE (1) X USAR SOLDIER TO SERVE AS A MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT POLK, LA FROM 24 JAN 2015 - 07 FEB 2015.

SELECTED INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.2.C. PROVIDE TWO (2) X USAR SOLDIERS TO SERVE AS AN MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT DRUM, NY FROM 24 JAN 2015 - 07 FEB 2015.

SELECTED INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.2.D. PROVIDE TWO (2) X USAR SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT WEST POINT, NY FROM 28 FEB 2015 - 14 MAR 2015.

SELECTED INDIVIDUALS SHOULD ARRIVE NLT 2000HRS ON 28 FEB 2015, AND DEPART ON 14 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.2.E. PROVIDE ONE (1) X USAR SOLDIER TO SERVE AS MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT EUSTIS, VA FROM 14-28 MAR 2015. SELECTED INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 14 MAR 2015 AND DEPART ON 28 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.3. COMMANDER, U.S. ARMY FORCES COMMAND (FORSCOM).

3.C.3.A. PROVIDE TWO (2) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT FORT POLK, LA FROM 24 JAN 2015 - 07 FEB 2015. SELECTED

INDIVIDUALS SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.3.B. PROVIDE TWO (2) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT WEST POINT, NY FROM 28 FEB 2015 - 14 MAR 2015. SELECTED

INDIVIDUALS SHOULD ARRIVE NLT 2000HRS ON 28 FEB 2015, AND DEPART ON 14 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.3.C. PROVIDE TWO (2) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT FORT EUSTIS, VA FROM 14-28 MAR 2015. SELECTED INDIVIDUALS

SHOULD ARRIVE NLT 2000HRS ON 14 MAR 2015, AND DEPART ON 28 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND

3.C.4. COMMANDER, U.S. ARMY MEDICAL COMMAND (MEDCOM).

3.C.4.A. PROVIDE ONE (1) X SOLDIER TO SERVE AS A MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT DRUM, NY FROM 24 JAN 2015 - 07 FEB 2015. SELECTED

INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.4.B. PROVIDE TWO (2) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT FORT POLK, LA FROM 24 JAN 2015 - 07 FEB 2015. SELECTED

INDIVIDUALS SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.4.C. PROVIDE TWO (2) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT WEST POINT, NY FROM 28 FEB 2015 - 14 MAR 2015. SELECTED

INDIVIDUALS SHOULD ARRIVE NLT 2000HRS ON 28 FEB 2015, AND DEPART ON 14 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.4.D. PROVIDE TWO (2) X SOLDIERS TO SERVE AS MRT FACILITATORS, 8J, IN SUPPORT OF THE MRT COURSE AT FORT EUSTIS, VA FROM 14-28 MAR 2015. SELECTED INDIVIDUALS

SHOULD ARRIVE NLT 2000HRS ON 14 MAR 2015, AND DEPART ON 28 MAR 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.C.5. COMMANDER, NETWORK ENTERPRISE TECHNOLOGY COMMAND (NETCOM). PROVIDE ONE (1) X SOLDIER TO SERVE AS AN MRT FACILITATOR, 8J, IN SUPPORT OF THE MRT COURSE AT FORT GORDON, GA FROM 24 JAN 2015 - 07 FEB 2015. SELECTED INDIVIDUAL SHOULD ARRIVE NLT 2000HRS ON 24 JAN 2015, AND DEPART ON 07 FEB 2015 AT THE CONVENIENCE OF THE TRAVELER AND REPORT BACK TO PARENT COMMAND.

3.D. COORDINATING INSTRUCTIONS.

3.D.1. DIRECT COORDINATION IS AUTHORIZED FOR ALL (HQDA G-1 ARD, TRADOC, FORSCOM, NETCOM, MEDCOM AND USARC).

3.D.2. COMMANDERS WILL ENSURE THAT ALL SERVICE MEMBERS SELECTED TO SERVE AS FACILITATORS FOR THE MRT COURSES AT FT GORDON, GA, FT POLK, LA, FT DRUM, NY, WEST POINT, NY AND FT EUSTIS, VA HAVE A VALID GOVERNMENT TRAVEL CARD OR A PERSONAL CREDIT CARD IN ORDER TO BE ABLE TO PAY FOR LODGING, TRANSPORTATION AND OTHER INCIDENTALS WHILE AT THE COURSE.

4. (U) SUSTAINMENT.

4.A. FUNDING FOR THE PARTICIPANTS WILL BE PROVIDED THROUGH THE ARD FY15 ARMY RESILIENCY DIRECTORATE TRAINING LINE OF ACCOUNTING (LOA) 15-CSF2-TRNG.

4.B. ALL SOLDIERS WILL USE ON SITE LODGING COORDINATED BY ARD.

5. (U) COMMAND AND SIGNAL.

5.A. TRADOC G-3/5/7 POC: MR. SEAN OATMEYER, DSN: 680-5609, COMM: 757-788-5609, EMAIL: [SEAN.OATMEYER@US.ARMY.MIL](mailto:SEAN.OATMEYER@US.ARMY.MIL)

5.B. USARC G-3/7 POC: MSG MARK YOUNG, COMM: 910-570-8950, EMAIL: [MARK.S.YOUNG34.MIL@MAIL.MIL](mailto:MARK.S.YOUNG34.MIL@MAIL.MIL)

5.C. MEDCOM READINESS AND TRAINING POC: MR. KENNETH RUSSELL, COMM: 210-221-8013, EMAIL: [KENNETH.RUSSELL.CIV@MAIL.MIL](mailto:KENNETH.RUSSELL.CIV@MAIL.MIL) OR SFC JAMES SHEAD, COMM: 210-221-7138, EMAIL: [JAMES.A.SHEAD.MIL@MAIL.MIL](mailto:JAMES.A.SHEAD.MIL@MAIL.MIL).

5.D. NETCOM POC: MS. JORETTA FULLER, DSN: 879-6333, COMM: 520-538-6333, EMAIL: [JORETTA.K.FULLER.CIV@MAIL.MIL](mailto:JORETTA.K.FULLER.CIV@MAIL.MIL)

5.E. FORSCOM POCs: LTC ROBERT MONTZ, CLINICAL OPERATIONS, COMM: 910-570-7267, EMAIL: [ROBERT.D.MONTZ.MIL@MAIL.MIL](mailto:ROBERT.D.MONTZ.MIL@MAIL.MIL) OR MR. OLLIE JONES, FORSCOM G-3/5/7 CENTRAL TASKING, COMM: 910-570-5274, EMAIL: [OLLIE.I.JONES.CIV@MAIL.MIL](mailto:OLLIE.I.JONES.CIV@MAIL.MIL)

5.F. THE HQDA POC FOR THIS MESSAGE IS MSG JENNIFER LOREDO AT COMM: 703-545-6149, DSN 322-6149, OR EMAIL [JENNIFER.R.LOREDO.MIL@MAIL.MIL](mailto:JENNIFER.R.LOREDO.MIL@MAIL.MIL). OR SFC DANIEL MASON AT COMM: 703-545-4339, DSN 322-4339 OR EMAIL [DANIEL.MASON.MIL@MAIL.MIL](mailto:DANIEL.MASON.MIL@MAIL.MIL).

6. EXPIRATION OF THIS MESSAGE IS 14 NOV 2015 OR WHEN SUPERSEDED BY OTHER DA GUIDANCE OR REGULATION.